



## ADHD MANIFEST SPAIN 2019

### NATIONAL ADHD DAY IN SPAIN #270

For more than 15 years we have been requesting the different governments to take into account our rights and act accordingly and we have not obtained a positive response to our demands, beyond that, we continue to have the actions that discriminate against our collective and that we They go back in small developments that have been taking place.

Whether we like it or not, ADHD is present in 5% of the child and youth population and 2-3% in adulthood, which gives the latter information, a feeling of chronic diagnosis. We cannot accept neglecting and not acting to improve our quality of life and, consequently, our environment: family, school, work and social.

It is not a disease that only affects the person with a diagnosis, affects all of their environment and a good intervention, as well as improving the present of the person and future predictions, you can avoid the "collateral damage" that suppose a economic cost for all, but above all an EMOTIONAL COST.

The emptiness we are making implies a worsening of many people with ADHD, a worsening where academic success is least important. The most important thing is the decrease in personnel that can be achieved by not having the necessary resources, the resources that make an important group of the population inaccessible and force people to "endure" the difficulties and limitations alone. This carries a high risk of: school failure, drug use, increased exposure to accidents, personal imbalance, social unrest, filio-parental violence, the development of mental pathologies, more crime...

These consequences, which are due to lack of resources and early intervention, would be much less if the government provided us with the coverage we need, what we demand and that the law guarantees us.

- **We want a clear and comprehensive vision of the support and awareness of our politicians, these people, in which we will leave the future of 4 years in their hands.**
- **We want a visible commitment in your election campaign towards our demands.**
- **We want a visualization in their electoral programs where it is clear their intention to modify and improve those aspects that we request in this document. We want a firm commitment to a face-to-face meeting when the Government is formed, from an educational and health perspective.**



The demands we request are included in their electoral projects and the subsequent work is:

● **WE REQUEST:**

**1. Inclusion in the Electoral Programs of the political parties of our demands towards ADHD:**

- **1.1. Modification of the order to help students with specific educational needs by unleashing ADHD for disabilities and / or behavioral disorders.**
- **1.2. Incorporation as a chronic treatment and consider it as a "black point".**
- **1.3. Guarantee the pharmaceutical co-payment in the treatment of adults with ADHD.**
- **1.4. National ADHD Protocol (diagnostic and care processes for those affected, including adults)**
- **1.5. Statewide dissemination program in favor of the scientific evidence that exists on the disorder.**

**2. Meeting after forming the Government to work towards the achievement of our requests.**

**15 years are many years of refusal and rejection of our needs, many people with ADHD are those who have not been treated fairly and that the negative consequences are experienced by them, their families and society.**

**ADHD EXISTS, PEOPLE WITH ADHD EXIST,  
WE DESERVE AND HAVE THE RIGHT OF A FAIR JOURNEY OF THE INSTITUTIONS AND THE OWN  
COMPANY.  
WE WANT ATTENTION AND CHANGES!**